



Volume: 48 | No. 12 | Wednesday 21 Dec 22 | Joint Meeting with RC Benevolence at Punjab Club at 06:30 pm

# THE MIDTOWNER

President: Rtn. Mayuri Mody Doshi | Secretary: Rtn. Shalini Agarwal | Editor: Rtn. Radhika Sahni CLUB NO. 16155 | DIST: 3291 | CHARTER DATE: JUNE 16, 1975

#### **Disease Prevention and Treatment Month**

#### We are a club of Action

Disease prevention and treatment takes on many forms, from supporting education to helping immunize people to improving drinking water and the sanitation infrastructure.

We at Midtown successfully completed an Eye Camp at our RCC. The Mother & Child project Matri Shakti and our Medical camp at Hingulgunge and many skill development projects.





## **Medical Camp**







• Bag project • Embroidery/Sewing • Beautician • Yoga & Physiotherapy

Click here

Rotary International helps combat diseases like malaria, HIV/AIDS, Alzheimer's, multiple sclerosis, diabetes, and polio. Prevention is important, which is why we also focus on health education and bringing people routine hearing, vision, and dental care.

12/13 January Kolkata Kettle

24th December: Hinglegunj visit

23rd December: Christmas Carnival at Model High School. 3pm onwards



#### Kolkata Kettle

It is time for our fundraiser Kolkata Kettle. The team of KK 4.0 is hard at work to ensure another successful event. Let us all make it a success by spreading the word.

#### We are back!

Kolkata's much awaited Craft & Couture Exhibition - Kolkata Kettle 4.0 Follow us at :Insta : https://www.instagram.com/kolkatakettle/

FB: https://www.facebook.com/kolkatakettle







#### Star of the month

Radhika Sahni for silently handling the social media work for KK4 without a fuss. She does not speak about her efforts and does not ask for any attention or praise which is the best part and yet does a fantastic job. Kudos to Radhika.

President Mayuri Mody Doshi





Pramila & PC Agarwal
25th December



"Cheers to another wonderful year"



Dr. Kalyan Sarkar 27th December



Rashmi Chaudhary
29th December



Sahil Desai 11th January



Slow Food was initially founded by Carlo Petrini and a group of activists in Italy during the 1980s with the aim of defending regional traditions, good food, gastronomic pleasure and a slow pace of life. In the decades since its beginning, Slow Food has grown into a global movement involving millions of people, in over 150 countries. This movement establishes that people should eat and drink slowly, with enough time to taste their food, spend time with family and friends, without rushing. Slow Food is against its counterpart, Fast Food and what it stands for as a lifestyle. Slow Food is the basis for a bigger movement called Slow World. Out of the slow food movement has grown something called the 'Slow Cities Movement,' which had started in Italy but has now spread across Europe & beyond. In this town planners begin to rethink how they organize the urban landscape so that people are encouraged to slow down & smell the roses & connect with one another. Basically, the movement questions the sense of "hurry" and "craziness" generated by globalization, fuelled by the desire of "having in quantity" (life status) versus "having with quality", (life quality) or the "quality of being". The French, even though they work 35 hours per week, are more productive than Americans or British. Germans have established 28.8 hour workweeks and have seen their productivity driven up by 20%. This slow attitude has come to the notice of USA, the pupils of the fast and "do it now" brigade, and doing things with greater quality, productivity, perfection, with attention to detail and less stress. It means reestablishing family values, friends, free and leisure time. Taking the "now", present and concrete, versus the "global", undefined and anonymous. It means taking humans' essential values, the simplicity of living. It stands for a less coercive work environment, more happy, lighter and more productive work place where humans enjoy doing what they know best how to do. It's time to stop and think on how companies need to develop serious quality with no-rush that will increase productivity and the quality of products and services, without losing the essence. Many of us live our lives running behind time, but we only reach it when we die of a heart attack or in a car accident rushing to be on time. Others are so anxious to live for the future that they forget to live the present, which is the only time that truly exists. We all have equal time throughout the world. No one has more or less. The difference lies in what each one of us does with our time. We need to live each moment.

As John Lennon said, "Life is what happens to you while you're busy making other plans".



Don't rush, Slow down, Live Life to the fullest & stay blessed forever.

Radhika Sahni

**Editor** 





### Minutes of the Meeting

## ROTARY CLUB OF CALCUTTA MIDTOWN

DISTRICT 3291

Club No. 16155 II Charter Date: 16/06/1975

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Minutes of the 2110th Continuous and 11th Meeting for the year 2022-2023 of Rotary Club of Calcutta Midtown, held on Thursday, 8th September 2022 at 6.00 pm on Zoom

Meeting called to order: President Mayuri Mody Doshi called the 2110th continuous and 11th meeting of 2022-2023 to order.

National Anthem: The National Anthem was sung by all. President Mayuri Mody Doshi welcomed all the members.

Confirmation of previous meeting minutes: The 2108th continuous and 9th meeting minutes for the year 2022-2023 were passed and seconded by Rtn Bhupesh Kapoor and Rtn Sonali Gupta respectively.

Eye Check-up Camp: An eye camp will be held at the RCC on 18th December from 10am to 2pm. Rtn Rakesh Khanna has been organizing everything and as always, we have requested GRSM ROTARY EYE HOSPITAL to conduct the camp. He informed that they would be charging Rs.8000 plus Rs.200 for each cataract operation. Leaflets have been distributed and banners put up. President Mayuri requested members to attend in good numbers.

RCC: The Beautician Course has been completed at RCC with 14 girls who have done the course. An exam is going to be held on 17th December 2022, and this year's course will be completed thereafter. She requested members to come for the same. Rtn Rakesh Khanna informed the floor that Dr. Mittal from RCC had suggested a place near a temple in North Kolkata where we can organise a Medical Camp. We could look into it and Dr. Mittal could attend it. Secondly Dr. Mittal was suggesting that we raise the doctors fee from Rs.10 to Rs.30 which is charged to the patients. Suggestions were made that some basic equipment like Stethoscope, Blood pressure checking machine, etc., should be given to the doctor. Rtns Rakesh Khanna and Rakesh Sahni offered to go and look into it. The visiting hours of the Doctor is from 7 to 9pm.

**Matrishakti:** Next Hinglegunj visit is on the 24th December. She requested two members to volunteer for this visit. A lunch has been planned post visit.

**Model High School:** A Christmas party for the kids of Model High School will be held on 23rd December. Details are being sorted out by Rtn Shalini Agarwal. Members were requested to join in helping the children play games.

**Trust Deed:** Regarding the Trust Modification is concerned a resolution for the Trust was passed on the day of the EGM and the wording were done as per Rtn Yogesh Gupta's suggestion. Two signatures are pending post that the papers will be handed over to the lawyers for registration. In the next 10/15 days the registration process should be completed.

**Kolkata Kettle:** She invited Rtns Priti Agarwal, Ruchira Bhuwalka and Radhika Sahni to speak about it. Rtn Priti Agarwal informed the floor that several stalls still needed to be sold. She requested everyone to share their contacts who could be prospective stall holders.

Rtn Radhika Sahni suggested that members may know people who are dealing in certain products, they should be approached and told them about Kolkata Kettle and if they are not interested speak to them for references so that it could be followed up on. Rtn Vikram Gupta suggested that a list be given of the kind of stalls that we are looking for. Rtn Radhika requested everyone to share the Kolkata Kettle page.

Secretary's report: Birthday Greetings were announced:-

8th December: Rtns Sunil Agarwal13th December: Rtn Rakesh Sahni

Anniversary greetings were announced.

- 11th December: Rtn. Ranjit Sen and Anne Rita Sen
- 13th December: Rtn. Samir Prasad and Anne Nupur Prasad.

Attendance: 20 Members / 40% attended the meeting.

President Rtn Mayuri Mody Doshi closed the meeting.

Minuted by-Rtn. Shalini Agarwal Secretary 2022-2023